



SHOWCASE EXPECTATIONS

STEAL THE SPOTLIGHT

FRESNO, CA

#BeTheTopDog

HIGH SCHOOL

SHOWCASE SOFTBALL

Showcase softball brings the idea of taking advantage of your opportunities to a completely different level. **THERE IS ALWAYS SOMEONE WATCHING.** Coaches may not necessarily be there to watch you, but they are always watching what is going on. The showcase environment is one where all of the little things matter. Top Dog athletes do all of the little things right to create big opportunities for their future. If the spotlight isn't on you, if that coach isn't there to see you - **STEAL THE SPOTLIGHT AND OWN THE MOMENT!**

BODY LANGUAGE

- Always keep your chin and shoulders up**
- No one should ever know if you are playing good or bad, winning or losing, by looking at your body language**
- If you make an error, immediately be accountable for: “That’s on me. (Pitcher) I got your back, I got it next time. We got 1 on, 2 outs, outfield you’re looking 3.” AND THEN MOVE ON!**
- If you strikeout, HUSTLE STRAIGHT BACK TO THE DUGOUT AND BE A TEAMMATE.**
- If you disagree with a safe/out call, fair/foul call, ball/strike call - MOVE ON!**

The fastest way to ruin an opportunity is to have bad body language. Bad body language is like a flashing sign that says “STAY AWAY!!!”

WALKING TO AND FROM THE CAR

- 🐾 No headphones in. Be social with your teammates, peers, coaches, and parents. Show that you have a social personality that allows you to interact with others.**
- 🐾 Cell Phone is in your bag**
- 🐾 YOU are carrying your equipment NOT your parent**
- 🐾 Your uniform is tucked in and being worn properly**
- 🐾 Be mindful of your language and the things you are talking about**

WARM UPS

- Bags are lined up.**
- Bats are lined up & gloves are on top of bat handles.**
- Everyone is on the same page during stretching.**
- Focus, Energy, Intent**
- We move with pace and everything is clean and smooth.**
- Every stretch counts. Every swing counts. Every throw counts.**
- Every break is loud.**
- During defensive fundamentals & balls off the bat everyone is communicating. Everyone is moving their feet with pace. Every throw is of quality - THERE ARE NO OVER THROWS. Outfielders keep throws down and give 1 hop feeds.**

***On field defensive fundamentals are your chance to show coaches what you can do. These are guaranteed reps - MAKE THEM COUNT**

DURING GAMES

- It is never quiet. We are constantly communicating. Every girls is 100% IN FOR EVERY PITCH. Infielders & Outfielders are talking to each other. The dugout is talking. Pitchers and catchers are talking. Our dugout is never quiet.**
- SPRINT! On the field. SPRINT! Off the field. There is no walking and there is no jogging.**
- 3rd Basemen take ground balls from 2 steps behind 3rd base line. Shortstops take throws from the 5/6 hold. 2nd basemen take throws from the edge of the grass behind 2nd base. Show off your ability to explode through balls and your arm strength.**
- On offense BE AGGRESSIVE! Push your limits but do not be reckless. Get off your best swings. Give 100% every time you run the bases. Get dirty!**
- Use your statements of affirmation after every play.**
- Catchers shake the umpires hand before we throw our first warm up pitch. Pitchers & Catchers shake the umpires hand at the end of every game.**

AFTER EVERY GAME



- Everyone picks up trash in the dugout.**
- Everyone picks up team equipment. Team equipment will come before your equipment.**
- Your phone stays in your bag until you get back to your car.**

ATTENDING THE SHOWCASE CAMP

- Know that you represent every athlete in the Top Dog program. You are not just representing yourself; you are representing everyone on the roster for that weekend and every other girl that wears a Top Dog uniform (no matter their age).**
- Give your best effort and DO THE LITTLE THINGS WELL.**
- Be the best teammate on the field. Give your best effort to force everyone around you to give their best effort. Encourage every girl you are working with. Give high fives to girls you are working with. Bring the energy to help the girls around you thrive.**
- Step on that field with some confidence and own it.**
- BE COACHABLE! When coaches are giving instruction your eyes are on them and your ears are open. Take in everything they have to say and listen to what they have to say in detail.**
- BE YOU! Go out there and be yourself. Let your personality shine. Let your work ethic shine. Let your hustle shine.**
- After your session ends, shake every coaches hand that you worked with and tell them “THANK YOU!”**

ATTENDING THE SHOWCASE CAMP

- Coaches that showed interest in you, interacted with you, and that you felt the most comfortable with: give them your player profile at the end of camp. Give them something to remember you by and a way for them to contact you***
- After the camp, when you get back to the hotel - EMAIL THE COACHES YOU WORKED WITH and thank them again. Send them your schedule for the event AND attach your player profile.**



**THE RECRUITING PROCESS AND
SUCCESS IN LIFE ARE ALL ABOUT THE
ABILITY TO BUILD RELATIONSHIPS. BUILD
RELATIONSHIPS WITH AS MANY
COACHES AS YOU POSSIBLY CAN**