



TOP DOG ATHLETICS

RECRUITING HANDBOOK

FRESNO, CA

#BeTheTopDog

HIGH SCHOOL

Playing college athletics does not have to be a dream. We are here to help you turn the dream of being a college athlete into an attainable goal. This is a goal that only 3% of athletes are able to accomplish. You can do it, but it is going to take a lot of commitment on and off the field.

Lets Get To Work!

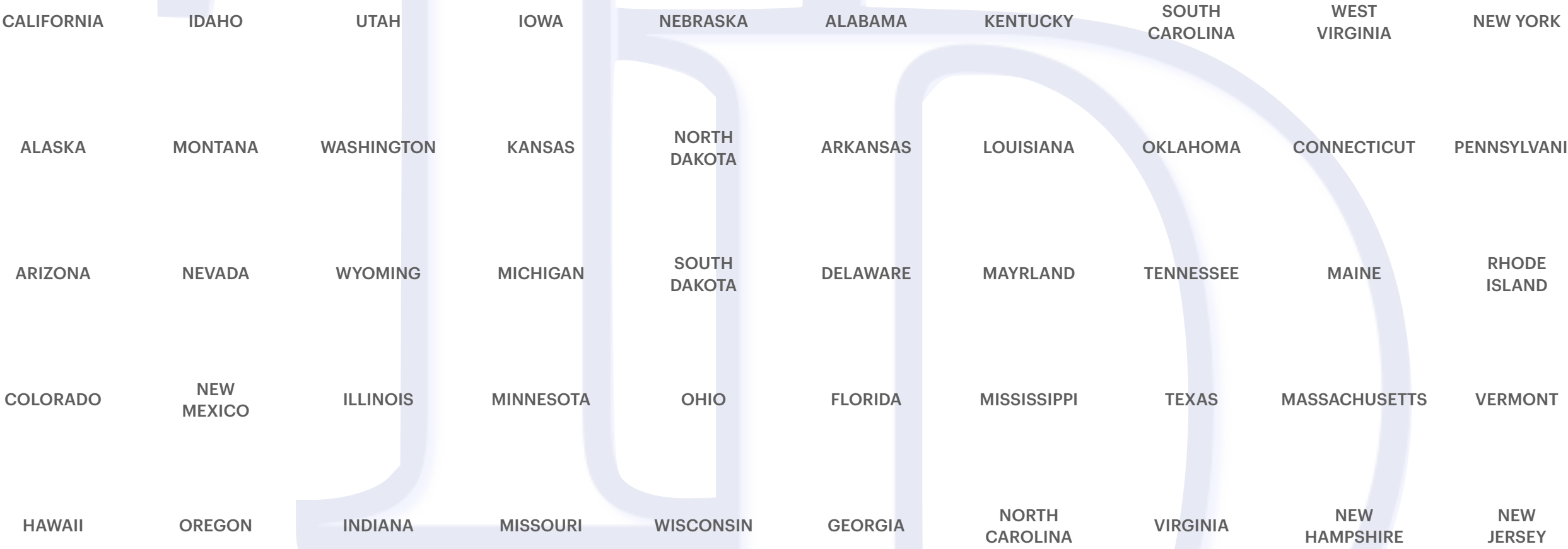
START WITH YOUR ACADEMICS

4.0 AND ABOVE	TAKE YOUR PICK!	YOU HAVE THE MOST CONTROL HERE. YOU WILL MAXIMIZE ACADEMIC MONEY AVAILABLE TO YOU HELPING PUT MINIMAL FINANCIAL BURDEN ON ATHLETIC FUNDS
3.6 to 3.8	4-YEAR SCHOOLS	YOU WILL START TO SEE MORE ACADEMIC MONEY AVAILABLE TO YOU HERE. THE FINANCIAL RESPONSIBILITIES YOU WILL HAVE WILL START TO BE TAKEN CARE OF BY ACADEMIC OR ATHLETIC FUNDS
3.0 to 3.5	JUNIOR COLLEGE & SCHOOLS WITH MINIMAL ACADEMIC REQUIREMENTS	THERE WILL BE SOME ACADEMIC MONEY AVAILABLE TO YOU, BUT NOT A LOT. CHANCES ARE YOU WILL HAVE TO PAY A MAJORITY OF THE FUNDS.
BELOW 2.0 to 2.8	JUNIOR COLLEGE ONLY!!!	THERE IS NO MONEY AVAILABLE TO YOU. CALIFORNIA WILL GIVE YOU 2 YEARS FOR FREE! ENROLL AT A JUNIOR COLLEGE AND TRYOUT!

YOUR ACADEMICS WILL ALWAYS COME FIRST. THE HIGHER YOUR GPA IS, THE MORE OPPORTUNITIES WILL BE AVAILABLE TO YOU AND THE LOWER FINANCIAL RESPONSIBILITY YOU WILL HAVE TO CARRY.

THIS IS BASED ON YOUR CUMULATIVE, NON-WEIGHTED, GPA. TAKE YOUR AP CLASSES OUT OF THE EQUATION.

HOW FAR DO YOU WANT TO BE AWAY FROM HOME?



**THE NEXT BIG QUESTION IS, ARE YOU WILLING TO MOVE AWAY FROM HOME
AND HOW FAR AWAY ARE YOU WILLING TO GO?
CIRCLE THE STATES YOU WOULD WANT TO LIVE IN**

WHAT DO YOU WANT TO DO FOR A CAREER?

LIST CAREERS THAT INTEREST YOU

1

2

3

4

5

6

7

8

BEING ABLE TO PLAY SPORTS AT THE COLLEGIATE LEVEL ISN'T JUST ABOUT PLAYING. IT IS A MAJOR OPPORTUNITY FOR YOU TO ADVANCE YOURSELF IN LIFE BY FURTHERING YOUR EDUCATION. REMEMBER ACADEMICS COME FIRST, SO WE HAVE TO BE ABLE TO IDENTIFY SCHOOLS THAT WILL FIT YOUR ACADEMIC NEEDS IN TERMS OF ALLOWING YOU TO EARN A DEGREE IN A FIELD THAT YOU WISH TO PURSUE.

TIME TO DO YOUR RESEARCH!

ONCE YOU ARE REALISTIC WITH YOURSELF ABOUT YOUR OVERALL GPA, YOU HAVE AN IDEA OF WHERE YOU WOULD LIKE TO LIVE OR EXPLORE LIVING, AND YOU HAVE AN IDEA OF A CAREER PATH YOU WANT TO PURSUE THEN THE REAL WORK BEGINS!

NOW IT IS TIME TO START FINDING SCHOOLS THAT YOU CAN MATCH WITH! IT IS TIME TO RESERACH!

ON THE NEXT PAGE YOUR WILL FIND A TEMPLATE TO HELP YOU KEEP TRACK OF SCHOOLS YOU ARE INTERESTED IN OR THAT ARE INTERESTED IN YOU. YOU CAN USE OUR TEMPLATE OR YOU CAN USE WHAT WE HAVE AS A GUIDE TO CREATE YOUR OWN.

(WE SUGGEST STARTING A GOOGLE SHEET TO TRACK YOUR SCHOOLS)

SCHOOL:

DIVISION:

LOCATION:

**ACADEMIC
REQUIREMENT**

GPA

HEAD COACH NAME:

**HEAD RECRUITER
NAME:**

PHONE

**HEAD RECRUITER
EMAIL:**

PHONE

ATHLETIC PROGRAM NOTES

ACADEMIC PROGRAMS OF INTEREST

LEVEL OF INTEREST

1

2

3

4

5

6

7

8

9

10

SCHOOL:

REEDLEY COLLEGE

DIVISION:

JUNIOR COLLEGE (CCCAA)

LOCATION:

REEDLEY, CA

ACADEMIC REQUIREMENT

2.0

GPA

HEAD COACH NAME:

STEFANI NOMURA

HEAD RECRUITER NAME:

BRYCE KAMIMOTO / ALEXIS RAMIREZ

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ATHLETIC PROGRAM NOTES	ACADEMIC PROGRAMS OF INTEREST
Coaching staff took over 2022-2023	Have some programs that get 4-year degree
Compete in CCCAA - CVC	Big Kinesiology program
	Can take classes online

LEVEL OF INTEREST									
1	2	3	4	5	6	7	8	9	10

WHAT IS NEXT?

Next it is time to set your goals, market yourself, and start contacting coaches.

GOALS	MARKET YOURSELF	CONTACT COACHES
ACADEMIC GOALS What are you going to do to get yourself accepted into the schools on your list?	SET UP YOUR SOCIAL MEDIA ACCOUNTS	COMPLETE THE SCHOOL's RECRUITING FORM
ATHLETIC GOALS What are you going to do to be able to not only be of interest for one of these schools on your list but to also make an impact at these schools?	CREATE YOUR SKILLS VIDEO	EMAIL THE COACH
STRENGTH GOALS What are you going to do to prepare yourself to compete at these schools?	ATTEND A CAMP	

YOU HAVE WHAT IT TAKES!

You have what it takes to play at the next level; are you willing to do the work to get yourself there?

After completing this handbook start working on the following handbooks:

- Social Media**
 - How to send an email**
 - How to create your skills video**
 - Showcase expectations**
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