

# Top Dog Athletics

*Top Dog Baseball*

*Top Dog Performance Center*

*Top Dog Softball*

## PITCHING SIGNS

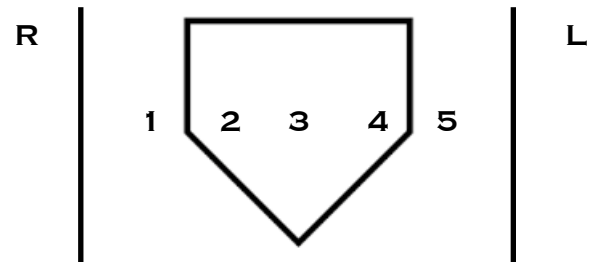
### PART 1: THE ORDER

#### 1ST NUMBER: PITCH

- 1 - RISE BALL
- 2 - DROP BALL
- 3 - FAST BALL
- 4 - CHANGE UP
- 5 - CURVE BALL
- 6 - SCREW BALL

YOU DO NOT HAVE TO THROW ALL OF THESE PITCHES. IF YOU DO NOT THROW ONE OF THESE PITCHES IT WILL NOT BE CALLED

#### 2ND NUMBER: LOCATION



LOCATIONS DO NOT CHANGE. IT DOES NOT MATTER THE BATTER THOSE LOCATIONS WILL ALWAYS STAY IN THEIR SPOTS

### PART 2: HOW WE GIVE THE SIGN

COACH SHOWS  
THE SIGN TO THE  
CATCHER



PITCHER STEPS ON THE  
RUBBER



PITCHER GETS  
THE SIGN FROM  
THE CATCHER

### PART 3: THROWING THE PITCH

CATCHER SHOWS  
THE GLOVE IN  
THE LOCATION

PITCHER STARTS  
HER MOTION

CATCHER MOVES  
TO SPOT

CATCHER  
RECEIVES PITCH

CATCHER'S RECEIVE EVERY PITCH WITH BODY BEHIND GLOVE! DO NOT BE LATE TO THE SPOT! WE DO NOT WANT YOU MOVING AS YOU ARE CATCHING

### COMMUNICATION

CATCHER'S TALK  
EVERY PITCH

CATCHER'S YOU  
ARE THE  
PITCHER'S  
BIGGEST HYPE  
GIRL

#BeTheTopDog

PITCHER'S  
ACKNOWLEDGE  
YOUR CATCHER'S  
AFTER A  
STRIKEOUT

PITCHER'S  
SHOUTOUT YOUR  
CATCHER'S WHEN  
THEY BLOCK A  
BALL OR HELP  
YOU OUT

Follow Us On Social Media  
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@TopDogSoftball

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