

# Top Dog Athletics

Top Dog Baseball

Top Dog Performance Center

Top Dog Softball

## PITCHING SIGNS

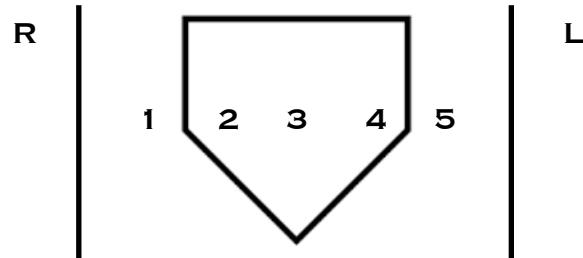
### PART 1: THE ORDER

#### 1ST NUMBER: PITCH

- 1 - RISE BALL
- 2 - DROP BALL
- 3 - FAST BALL
- 4 - CHANGE UP
- 5 - CURVE BALL
- 6 - SCREW BALL

YOU DO NOT HAVE TO THROW ALL OF THESE PITCHES. IF YOU DO NOT THROW ONE OF THESE PITCHES IT WILL NOT BE CALLED

#### 2ND NUMBER: LOCATION



LOCATIONS DO NOT CHANGE. IT DOES NOT MATTER THE BATTER THOSE LOCATIONS WILL ALWAYS STAY IN THEIR SPOTS

### PART 2: HOW WE GIVE THE SIGN

COACH SHOWS THE SIGN TO THE CATCHER



PITCHER STEPS ON THE RUBBER



PITCHER GETS THE SIGN FROM THE CATCHER

### PART 3: THROWING THE PITCH

CATCHER SHOWS THE GLOVE IN THE LOCATION

PITCHER STARTS HER MOTION

CATCHER MOVES TO SPOT

CATCHER RECEIVES PITCH

CATCHER'S RECEIVE EVERY PITCH WITH BODY BEHIND GLOVE! DO NOT BE LATE TO THE SPOT! WE DO NOT WANT YOU MOVING AS YOU ARE CATCHING

## COMMUNICATION

CATCHER'S TALK EVERY PITCH

CATCHER'S YOU ARE THE PITCHER'S BIGGEST HYPE GIRL

#BeTheTopDog

PITCHER'S ACKNOWLEDGE YOUR CATCHER'S AFTER A STRIKEOUT

PITCHER'S SHOUTOUT YOUR CATCHER'S WHEN THEY BLOCK A BALL OR HELP YOU OUT